

## Recollection of the Buddha

Itipi so bhagavā arahaṃ sammāsambuddho

Vijjācaraṇa-sampanno sugato lokavidū

Anuttaro purisadamma-sārathi

sathā deva-manussānaṃ buddho bhagavā'ti

He, the Blessed One, is indeed the Pure One,  
the Perfectly Enlightened One;

He is impeccable in conduct and understanding,  
the Accomplished One, the Knower of the Worlds;

He trains perfectly those who wish to be trained;

he is Teacher of gods and humans; he is Awake and Holy.

## Recollection of the Dhamma

Svākkhāto bhagavatā dhammo

Ŝanditthiko akāliko ehipassiko

Opanayiko paccattaṃ vedītabbo viññūhī'ti

The Dhamma is well expounded by the Blessed One,

Apparent here and now, timeless, encouraging investigation,

Leading inwards, to be experienced individually by the wise.

## Recollection of the Saṅgha

Supaṭipanno bhagavato sāvakasaṅgho

Ujupaṭipanno bhagavato sāvakasaṅgho

Ñāyapaṭipanno bhagavato sāvakasaṅgho

Ŝāmīcipaṭipanno bhagavato sāvakasaṅgho

Yadidaṃ cattāri purisayugāni atthā purisapuggalā

Esa bhagavato sāvakasaṅgho

Āhuneyyo pāhuneyyo

dakkhiṇeyyo añjali-karaṇīyo

Anuttaraṃ puññakkhettaṃ lokassā'ti

They are the Blessed One's disciples, who have practised well,

Who have practised directly,

Who have practised insightfully,

Those who practise with integrity—

That is the four pairs, the eight kinds of noble beings—

These are the Blessed One's disciples.

Such ones are worthy of gifts, worthy of hospitality,

worthy of offerings, worthy of respect;

They give occasion for incomparable goodness to arise in the world.